



Congregation
Emanu El

SHABBAT WORSHIP

JULY 2026

Shabbat Pinchas

Friday, July 3

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, July 4

10:30 a.m., Morning Service,
Proler Chapel

Shabbat Matot - Mas'ei

Friday, July 10

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, July 11

10:30 a.m., Morning Service,
Proler Chapel

Shabbat D'varim

Friday, July 17

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, July 18

10:30 a.m., Morning Service,
Proler Chapel

Shabbat Va-et'chanan

Friday, July 24

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, July 25

10:30 a.m., Morning Service,
Proler Chapel

Shabbat Eikev

Friday, July 31

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, August 1

10:30 a.m., Morning Service,
Proler Chapel

AUGUST 2026

Shabbat R'eih

Friday, August 7

6:00 p.m., Kabbalat Shabbat, Proler
Chapel

6:15 p.m., Tot Shabbat, MPR

Saturday, August 8

10:30 a.m., Morning Service, Proler
Chapel



Also offered on Shabbat mornings:

9:00 a.m.

Mindfulness

Meditation, on Zoom,
integrates Jewish
values into a practice
of gaining awareness
of yourself and others.

9:15 a.m.

Shabbat Morning Torah Study, in

person, to reflect on
the weekly parashah
and its application to
modern life. No prep
or experience needed.
Come weekly or drop
in when you can.



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SHABBAT WORSHIP

AUGUST Cont'd

Shabbat Shof'tim

Friday, August 14

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, August 15

10:30 a.m., Morning Service,
Proler Chapel

10:30 a.m., Morning Service,
Barish Sanctuary

Bar Mitzvah of **Quinn Podolsky**,
son of Tiffany & Brett Podolsky

Shabbat Ki Teitzei

Friday, August 21

6:00 p.m., Kabbalat Shabbat,
Proler Chapel

Saturday, August 22

9:00 a.m., Morning Tot Shabbat

10:30 a.m., Morning Service,
Proler Chapel

B'nei Mitzvah of **Lucas Bronstein**,
son of Marianna Karpinos & Maury
Bronstein, and **Reuben Bronstein**,
grandfather of Lucas, father of
Maury Bronstein

Shabbat Ki Tavo

Friday, August 28

6:00 p.m., Kabbalat Shabbat, Proler
Chapel

Saturday, August 29

10:30 a.m., Morning Service,
Proler Chapel

Bat Mitzvah of **Hannah Buxbaum**,
daughter of Jennie & Richard
Buxbaum

SEPTEMBER 2026

Shabbat Nitzvaim - Vayeilech

Friday, September 4

6:00 p.m., Kabbalat Shabbat, Proler
Chapel

Saturday, September 5

10:30 a.m., Morning Service,
Proler Chapel

9:00 p.m., Selichot Service, Proler Chapel

Friday night
services are
streamed on our
website, Facebook,
Roku, and YouTube.

Saturday B'nei
Mitzvah services
are available on
the website and
YouTube.

Saturday services in
the Proler Chapel
are in-person only.

Changes will be
shared through
synagogue
communications.